Our rivers and streams offer wonderful opportunities for recreation, from kayaking and canoeing to fishing and wildlife watching. But it's important to learn how to enjoy them safely. Review the information on the reverse side to make sure your next outing on the Stillwater River is a safe and fun adventure.
Floods and Other Hazards

Playing It Safe

With proper training, these hazards are easily prevented. Loss of consciousness and death with or without injury are possible.

Heat, such as silk, polypropylene, fleece and other heat-reflecting materials can also be used to keep you cool. These materials can reduce body heat and help keep your head above water if you fall into the water. Keep your life jacket securely fastened to your body and follow the instructions provided by the Miami Conservancy District and the following Water Trail partners.

Waterfalls

Low dams and waterfalls can be deadly and should always be avoided. They are a water trap that can be easily avoided. It is nearly impossible to escape the force of a low dam. Unlike natural waterfalls, low dams can be avoided. If you hear a noise, look around and find the source. It is necessary to escape the force of a low dam. If you are in a low dam, move away from the dam as quickly as possible. You may be able to escape the force of the water. If you are not able to escape the force of the water, you will be sucked back to the dam as you rise to the surface. This will make it difficult to remain upright and will make it difficult to recover if you fall into the water. Keep your boat at a safe distance from the dam. You may be able to escape the force of the water. If you are not able to escape the force of the water, you will be sucked back to the dam as you rise to the surface. 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